

Pilgrimage to Mexico
&
International Conference of Shamans
March 20-28, 2013



On our first pilgrimage to Mexico, Divine Adventures participates in the International Conference of Shamans - a collaboration of Shamans and Traditional Healers. This is an international movement to encourage individuals to get involved in positive planetary changes, worldwide economic stability and unity consciousness through Indigenous Medicine. **The goal of the conference is to support change through Spirituality, Health, Education and Economic Sustainability.** Here, shamans and healers will share their ancient wisdom with the current medical environment.

It is believed that Ancestral Teachings are connected to the ancient prophecy of bridge building between the North and South (© Sofia Chavez Hilton and Estara). The concept of bridging the North and South is not just about uniting individuals; it is about uniting or bringing together concepts, that were once thought of as opposite, with a common goal. This Conference is about building bridges through the re-emergence of "Ancestral Teachings", bringing together allopathic health care agencies and integrating Indigenous Medicine with primary care. This is a unique conference seldom experienced by the outside world! Join us today on this Divine Adventure and help us support unity consciousness!

During this pilgrimage, Divine Adventures' travelers participate in the conference, have an opportunity to experience various healing modalities from the shamans and healers, visit sacred sites and fully experience the culture!

Limited space - so reserve your spot today!

Register NOW!

Contact Junia!
Junia@DivineAdventures.org
www.DivineAdventures.org
303-349-2044

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Day 1 - March 20
Mexico City to Cuernavaca, Mexico



Travel from home airport to Mexico City and continue onto Cuernavaca. **NOTE:** please arrive at the Mexico City airport no later than 2:00 PM in order to catch our ride to Cuernavaca at approximately 3:00 PM. Details for meeting at the airport will be provided closer to trip departure. In the afternoon, we arrive at the Center for Dissemination & Practice of Traditional Medicine and participate in the Opening Ceremony of the International Conference of Shamans. (D)

Day 2 - MARCH 21
OME near Cuernavaca

We begin this day with a ceremony honoring the Spring Equinox; releasing seeds and manifesting abundance for our lives and the lives of all. Our day is filled with workshops on "Mexica Divination" and later a Temazcalli purification.

The word "temazcal" comes from the Nahuatl word *Temazcalli* that means "house of steam" (temaz=steam and calli=house). In ancient Mesoamerica it was used as part of a curative ceremony thought to purify the body after exertion such as after a battle or a ceremonial ball game. It was also used for healing the sick, improving health, and for women to give birth. It continues to be used today in Indigenous cultures of Mexico and Central America that were part of the ancient Mesoamerican region for spiritual and health reasons. It is currently being recovered by all sectors of society in this part of the world and is used as a cleansing of mind, body and spirit.





We round out our day with an evening hike to Teochalco, the ceremonial center, or the "place of the Gods" located in Huitzilac. Huitzilac is named as "the place of the hummingbirds." Keep your eyes open to see some of these beautiful creatures! (B,L,D)

Day 3 - March 22

Intercultural University of the State of Mexico

Our day begins early with a ceremony to honor the day before we depart at 7am to visit the Intercultural University of the State of Mexico and take part in the Conference. *(The opening of intercultural universities in Mexico began in 2003 as an initial resolution to a basic justice criterion. These are institutions that are mainly placed in regions populated by indigenous peoples.)*

Our afternoon meal and dinner are in the home of community members of San Miguel. (B,L,D)

Day 4- March 23

Studies and Audience with Indigenous Shamans and Traditional Healers

We will continue to partake in the unique opportunity of "Studies and Audience with Indigenous Shamans and Traditional Healers" in Cuernavaca as the Shamans will travel to us at CEDEHC. We will enjoy sharing meals with community members. (B,L,D)



Day 5 - March 24

Studies and Audience with Indigenous Shamans and Traditional Healers

We begin our day at the Clinca Comunitaria del Centro desarrollo Humano hacia la Comunidad (CEDEHC) for the Health Fair. We join the community for breakfast and the "Groundbreaking Ceremony". The shamans and traditional



healers will be offering optional treatment sessions (at an additional cost/love offering). Many different types of treatments will be offered, so sense what is perfect for you and treat yourself to traditional therapies.

Later in the day, we participate in a Temazcalli purification. (B,L,D)

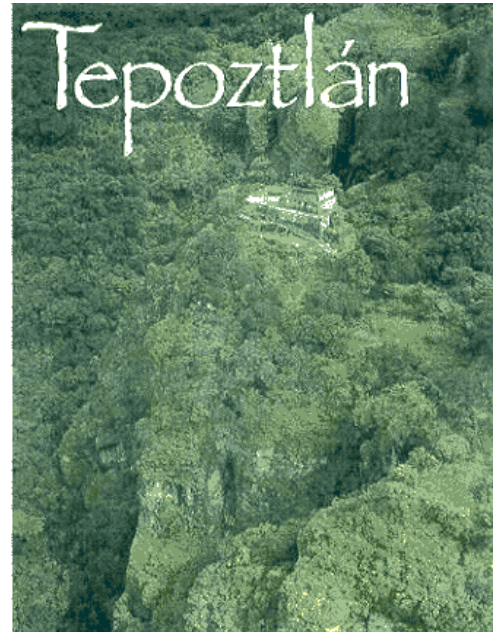
Day 6 - March 25

Tepoztlán

After starting our day with breakfast and a morning ceremony, we travel to Tepoztlán; a town in the heart of the Tepoztlán Valley. The town is famous for the remains of a temple built on top of the nearby Tepozteco Mountain, where we make ceremony to connect with our surroundings.

Tepoztlán is one of the strangest and most beautiful towns in Mexico; it occupies the floor of a broad, lush valley whose walls were formed by bizarrely shaped mountains that look like the work of some abstract expressionist giant.

Tepoztlán remains small and steeped in legend and mystery as it lies adjacent to the alleged birthplace of



Quetzalcóatl, the Aztec serpent god and comes about as close as you're going to get to an unspoiled, magical mountain hideaway.

In the evening, we join the "Cosmic Heritage of Our Ancestors" workshop. (B,L,D)

Day 7 - March 26

Xochicalco & Malinalco

We head out in the morning to visit the pyramids of Xochicalco, "the house of flowers." The town is home to several temples, three ball-courts, sweat-baths, circular altars and a cave with stairs carved down into it. Here we find the entrance to the womb of Mother Earth. Mayan traders founded the site in 650 AD. Probably due to its excellent position along the trade routes, it was home to a community of artists, as there are many interesting sculptured reliefs on the buildings, including Quetzalcóatl, the Feathered Serpent.

From here we travel on to Malinalco, the legendary home of the goddess Malinalxóchitl.

The Malinalco municipality has always been associated with magic or sorcery and includes the





village of Chalma, where according to legend, an image of a Black Christ miraculously appeared in a cave that was devoted to the god Oxtoteotl. It is the second-most visited shrine in Mexico, after the Basilica of Our Lady of Guadalupe. Another attraction of this archaeological site is the Cuauhcalli or House of Eagles, which is a building carved out of the side of the mountain.

Malinalco is also known as the "place of the grass or herb," and is home to Malinalli plant that has a beautiful white flower that has been used in ceremonies over the ages. We visit the museum that explores the plant's history and uses.

We also visit the Malinalco Ceremony Center and the craft market. (B,L,D)

Day 8 - March 27

Teopanzolco ("Abandoned Temple") & Cortez Palace



Rounding out our journey of ancient sites, we visit the ruins of Teopanzolco standing in the city of Cuernavaca, Mexico. This is the home of a great double pyramid where the two gods, Tlaloc and Huitzilopochtli were worshiped.

We also visit the Cortez Palace, which is nearly 500 years old. The palace has quite a history; it was built originally to be a fortified residence for Hernan Cortes and his wife, then replaced as a personal residence until it was abandoned by the Cortes family. It went on to become a barracks and jail

and then the seat of government for the state of Morelos. The state government moved out and the building was converted into the current museum, with has exhibits on the history of Morelos.

After touring the museum we take time to wander through the town's craft market. (B,L,D)



Day 9 - March 28

Departure Day

After breakfast, we depart for Mexico City to catch our flights home. We arrive at the airport in time for all flights departing at 12:00 PM (noon) or later. **NOTE:** Please schedule your return flight at 12:00 PM noon or later. (B)

Price

Price per Person in US dollars for the 9 DAY / 8 NIGHT Journey:

\$1695 per person if register with \$600 non-refundable deposit by January 30 with the remaining \$1095 due February 20, 2013. After January 30, \$1895 per person if register with full payment. **(NOTE: Price is land only)**

NOTE on Occupancy: We stay in comfortable cabanas at the healing center that house 2-4 people. Therefore, there is not a SINGLE occupancy option. These cabanas have comfortable beds (2 people per bed) in a lodge atmosphere; hot showers, dry toilets and electricity. There is also a traditional teepee available (with heat) for \$80 less. Please call to discuss rooming arrangements!

(NOTE: Price is land only)



Price includes:

- Conference ceremonies and gatherings
- Specialized guides and group leader, Junia Imel
- Bi-lingual interpreter
- 8 nights of "rustic" yet comfortable lodging in cabanas. (Could have 3-4 people per cabana)
- Group transportation to and from airports
- All land transportation within Mexico (bus, train, boat)
- 8 breakfasts, 7 lunches and 8 dinners
- Guided ceremonies and spiritual processes
- All entrance fees for group excursions listed in itinerary
- Basic gratuities for group travel (i.e. drivers, bell boys, tips for group dinners, Mexican guides)

Price does NOT include:

- All airfare - International airfare to and from home city to Mexico City; airport departure taxes
- Other meals not noted & all beverages; additional gratuities beyond Mexican group travel (i.e. room maids); miscellaneous expenses (i.e. phone calls, laundry, personal expenses, shopping)
- Optional treatment sessions with shamans and healers
- Travel and Trip Cancellation Insurance (highly recommended)

NOTE: Itineraries and prices are subject to change

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Our Partners

This opportunity to participate in the International Conference of Shamans would not be possible without Colorado Curandera, Sofia Chavez Hilton, Ceremonial Chief Albino Garcia of Apache and Chichimeca heritage, Peruvian Shaman Mino Asheninka, Jemez Pueblo Medicine Man, and Joseph Brophy Toledo, Hayes and Lea Lewis of Zuni Pueblo and Institute of American Indian Arts in Santa Fe, New Mexico. For it is these individuals that participated in the inaugural Conference and continue to teach at the Conference - carrying the “Message of the Medicine” around the world.

The following partners are only a few of the special people that will support us on this Divine Adventure in March. Meet them here....

Sofia Chavez Hilton

- Estara Health & Wellness, Lakewood CO (<http://www.estaraprograms.com/index.php>)
- Holistic Health and Community Education Practitioner
- BS in Integrative Healing Practices- Holistic Health Professional
- Assoc. Degree in Occupational Therapy COTA
- Licensed Massage Therapist
- Clinically Certified Aromatherapist
- Reiki Master- Bio-field training
- Trained in Curanderismo, Meso American Healing Systems, and Indigenous Sound & Healing Modalities



Dr. Arturo Ornelas Lizardi

- Director of El Centro de Desarrollo Humano Hacia la Comunidad in Cuernavaca, Mexico (CEDEHC)
- Currently the assistant to the President of the State University of Morelos, Mexico (UAEM). Arturo lived in Geneva, where he met and studied with Paolo Frieire.
- Bachelor of Arts, a Master of Education, A Master of Economics and Ph.D.
- Member of the World Health Organization (WHO) working on improving global health matters. He is an international speaker on health and indigenous medicine and has spoken at universities around the world including Harvard and the University of Berlin
- Speaker at the United Nations
- CEDEHC Video: http://www.youtube.com/watch?feature=player_embedded&v=wNkPuPvDqg4
- http://www.cedehc.com/proximos_eventos.php



Juan Carlos Solano Alcocer "xiuhacatl"

- Studied engineering in rural development at the Autonomous University of the State of Morelos
- Attended graduate studies at the Graduate Institute of Development Stages in Geneva, Switzerland to follow his passion and interest in community work
- In Switzerland, focused on the traditional medicine of Latin American migrants, specializing in health and development, from a perspective of traditional medicine. However, the studies did not give him the tools to deeply help people, so started studying herbs, massage, and acupuncture.
- Continued his journey in Mexico, where his consciousness opened further and he realized that he is part of the whole and that it is only I, myself, who sets limits.



Viri

- Studied law at the Faculty of Law at UNAM
- Realized practicing law was not her calling, so she followed her heart and began to paint, create studios and teach children how to paint
- Later, she realized her true purpose was to keep the family tradition of transmitting ancestral knowledge. Raised in a family of women healers, she inherited this gift from her maternal line where her great grandmother carried on the tradition in the region of Mazahua, Atlacomulco, Edo de Mexico. She followed her maternal heritage and stepped into her gift as a healer.
- During her journey, she learned, recognized and understood the importance of her gifts - the same gifts that made it difficult for her to be accepted as a child
- Today, her life is dedicated to sharing these lessons; taking up the inheritance of her grandmothers as a healer



Junia Gail Imel

In 2002, Junia Gail Imel took a quantum leap. She left her MBA degree and successful twenty-five year leadership career in advanced technology and education to discover the world from a new perspective – her own intuitive awareness. Courageously following an inner call, she spent 6 months traveling solo in Peru where she was invited into ritual with the Q'ero, Shipibo and medicine men/women. There she spent time studying with indigenous shamans, curanderas, spiritual guides and mystics. Her life was changed forever...



During her first trip to South America, Junia participated in the Marrayabo Tsintikash Jiwiki Bewakani Ritual Ceremony - a ritual to heal the master plants of the world - conducted by Shipibo-Conibo shamans. The shamans bestowed upon her, her Shipibo name “Inin Beka” which means ‘sweet smelling protective cloth.’ Since that moment, she opened to the calling and has become a master of holding sacred space so others can journey within; safely and fully protected.

And now she has merged her love of adventure with RIM® and her natural leadership into a unique travel experience called, *Divine Adventures*. Here one journeys to inner and outer worlds to unleash innate wisdom and genius. She recently led a sacred journey into Machu Picchu, Sacred Valley and Lake Titicaca and now is offering other exquisite trips that combine service with personal expansion and transformation. (www.DivineAdventures.org)



Adventures

Divine Adventures Traveler Registration Form

Traveler's Name: _____

Address: _____

Number

Street

City

State

Zip Code

Telephone: Home: () Work: () Cell: () _____

Email: _____

Tour & Extension Names: _____

Tour Dates: _____

Cabana or Teepee Occupancy (NOTE: 2-4 people per location): _____

Name(s) of Travelling/Rooming Companions: _____

Passport Information: (Name exactly as it appears on passport, Passport Number, Country of Issue, Expiration Date, Date of Birth) _____

Medical Conditions/Dietary Restrictions: _____

Signature: _____ Date: _____

To Register*:

Return completed and signed registration form with a \$600* non-refundable deposit (check or money order) to:

Junia Gail Imel
Divine Adventures
PO Box 260362
Denver, CO 80226

*Additional information will follow within 2 weeks of registration.

NOTE: Payments Due:

*\$600 due upon registration; 100% due 4 weeks prior
National and international flights are not included. If purchased through us, payment for air tickets are due at the time of issue.

Cancellation Fees:

Minimum fee \$600
30-45 days prior departure 50% of land cost
29 days or less 100% of land cost
No refunds for air tickets once issued